

Event Information 2012

Adventurous Encounters

PRESELI
VENTURE



Singles adventure weekend on the Pembrokeshire coastline...



If you're looking for a singles event with a difference...you've found the right place. This is not a traditional 'dating event' – it's 2 days of unadulterated adventure and inspirational experiences on a beautiful National Park coastline, all shared with a group of like minded single adventure seekers. You'll find yourself leaping from vertical rock faces, kayaking into caves that echo with the songs of seals, frolicking on a deserted moonlit beach, and stargazing around a bonfire under a picture perfect night sky.

This singles adventure weekend offers the perfect opportunity to experience unique and exciting adventure activities under the expert guidance of our professional guides. You'll be well looked after by our team of friendly staff, and enjoy excellent hospitality at our fully catered [5 star eco lodge](#).

After many years of guests making lifelong friendships, hooking up and even getting married after their adventures with us we decided to make a dedicated event for those looking for fun time, friendship...and maybe even love 😊

When does this event take place?

This special Valentines event takes place on the weekend **10th – 12th February 2012**. We'll be offering this in the future as a mid week [adventure holiday for singles](#) on the dates **18th – 22nd June** and the **3rd – 7th September 2012**. Please see the website for more details of these events.

What happens on the weekend?

Friday Arrive at the Presele Venture eco lodge in time for supper. This evening our dedicated staff will be on hand to help you settle into the lodge and meet your fellow adventurers; it's easy to get to know everyone in such a relaxed and fun atmosphere. Enjoy some drinks at the eco lodge bar, play some pool, or perhaps take a walk through the National Trust woodland down to our local beach, a beautiful sandy bay where seals sometimes sleep.

Saturday Breakfast followed by a half day [COASTEERING](#), the ultimate coastal adventure - climb, swim and jump into a whole new world. Sea caves and swirling ocean swells combine to produce a truly wild environment. Watch out, it's addictive! Lunch at the lodge, and then a half day of [SEA KAYAKING](#) along the Pembrokeshire coastline, a place where rocks, caves, seals, birds, waves, surf, beaches, harbours and much more make our coast a real sea kayaker's paradise,



or try your hand at day [SURFING](#) on one of our Pembrokeshire beach breaks, basing yourself at a beautiful sandy beach.

Sunday Breakfast, followed by a self guided [COASTAL HIKE](#), we have the world renowned [Pembrokeshire National Park Coastal Path](#) on the very western tip of Europe right on our doorstep. Unwind amidst the spectacular cliff top scenery and chill out amongst the wild flowers – it's the perfect accompaniment to the adrenalin charged adventure activities.

NB This is an outline itinerary, and is therefore subject to change according to your own preferences and to weather and tides. Please contact us if you have any questions or requests.



What can we do in the evenings? Don't worry, there'll be no speed dating itinerary! The evenings are chilled and fun with no fixed timetable. Our new bar and dining area has a pool table, a load of games, and an incredible music system which you can plug your ipod straight into, and we have spotify premium. The PV bar is well stocked with a wide range of tipples to suit everyone, including local and organic brews. We'll have a bonfire under the stars here at the lodge, take a wander through the woods down to our local beach, and if you want to sample the local, small and friendly hill top village of Mathry, it's just a short walk from the lodge and will give you a real taste of rural Welsh life. From here you can look out over the Preseli Hills; the source

of the 'bluestone' of Stonehenge.

All of our adventure guests stay at the [Preseli Venture Eco Lodge](#), our **five star adventure centre** set in an acre of land; a beautiful location with just a one mile walk through National Trust woodland to [our local beach](#) which is stunning and unspoilt. The lodge has a range of cosy bedrooms, from doubles through to group rooms sleeping eight. We keep the lodge warm and cosy year round; our comfy lounge has a picture window with an inspirational view, under-floor heating courtesy of our ground source heat pump, and is equipped with a delightful wood burning stove – ideal for experiencing that 'post adventure' glow!

We serve tasty meals, and tea, coffee and cold drinks are available to help yourself to at all times. Our food is home cooked, wholesome and delicious, and special diets are happily catered for. We have a traditional Pembrokeshire courtyard; perfect for warm summer evenings or for watching the beautiful sunsets, or you can enjoy beers around a blazing bonfire in our sheltered garden for awe inspiring nights out under the stars.

A home from home...

The lodge accommodates up to 40 people and has an atmosphere of homeliness and comfort.



We hold the [Welcome Host Silver award](#) and we are committed to offering you the highest standards of service and the happiest and most comfortable adventure break. Your stay at Preseli Venture will be coordinated by a dedicated [adventure event manager](#) who will be involved with your initial enquiry and will attend to every detail during your stay with us - right through to waving you goodbye. **At the end of 2011, when we asked them, 97% of our adventure clients said they'd love to come and see us again, or that they would recommend a friend to come along and see us for some adventures. We're very pleased about that!**

Who are Preseli Venture?

Preseli Venture was founded in 1988 and we specialise in providing adventure breaks to discerning adults.

We have a solid and safe track record. We are accredited by the **VisitWales** for our accommodation, approved by **Canoe Wales** as a sea kayak training centre, and assessed by the **Adventure Activities Licensing Service** and the **National Water Safety Forum** as a coasteering provider. We are a founder member of the **Pembrokeshire Outdoor Charter Group** and we are involved in making sure our impact on the National Park is as positive as possible.

We are an [economic force for the sustainable use of wilderness areas](#). In 2005 we achieved our [Level 2 Green Dragon award](#) – these awards set quality standards for environmental good



practice from energy conservation to recycling, and promote awareness of the intrinsic value of the environment in which we live and work. On a day to day level our heating and hot water is provided via our ground source heat pump, we source electricity through our array of photovoltaic roof panels and from ecotricity, we compost food waste, and we buy our food from local providers whenever possible. We encourage car sharing and the utilization of public transport, and we provide a free train station transfer at certain times.



Are there any participant restrictions?

On this **Adventurous Encounters singles adventures weekend** we welcome adults of 18 years and over. The activities are open to everyone, you don't need to have previous experience and you don't need to be particularly outdoorsy, just come equipped with a go for it attitude and a sense of fun! Participants should have a reasonable general level of fitness and will be asked to fill in a medical declaration form on arrival at the lodge. All participants need to be able to swim to take part in the water-based activities.



Are the instructors qualified?

All of our professional and friendly guides are experienced and fully qualified with [National Governing Body Awards](#) and they regularly take part in comprehensive in house training. They are committed to providing exciting yet safe activities that bring new challenges to the group and individual. Preseli Venture provides high quality specialist equipment including wetsuits and safety kit.

What's the best way to travel to Preseli Venture, and when do I need to arrive?

We do encourage you to take public transport if you can – we offer a **free train station transfer** to the PV lodge from Fishguard, our local train station, at 6.30pm on the first evening arriving at the lodge in time for a tasty evening meal at 7.30pm. For your return journey we take you to the train from Fishguard at 2.20pm. If you can't arrive on the 6.30pm train, don't worry the next train into Fishguard arrives at 8.30pm and there are later trains into Haverfordwest train station too. You can book a taxi to bring you to the Lodge, so do ask us if you need local taxi telephone numbers. If you're travelling by car, we hope you can arrive for the evening meal at 7.30pm, and we do ask you to arrive after 5.00pm please. You're welcome to arrive at any time on the first evening as there'll be a Preseli Venture member of staff on hand to welcome you in up until about 12.00am. If you'd like to stay at the lodge for additional nights you're very welcome, please do contact us for more details and prices.

How much will this event cost me?

£215 to include 2 nights [5 star eco lodge](#) accommodation, yummy home cooked food Friday dinner to Sunday lunch, 2 half day guided adventures plus a self guided half day hike, all specialist equipment (including winter wetsuits **ALL** year round, and wetsuit socks to keep you toasty warm), friendly and qualified instructors, PSV qualified drivers and transport for all activities, and bus and train station transfers for certain trains.

Dedicated adrenalin junkies may choose to 'up the pace' by opting into an additional Preseli Venture adventure activity instead of the hike for an extra £49.00. If you fancy enjoying inspirational views of the wild and beautiful Strumble Head peninsular from horseback, a jet boat ride round Ramsey Island (an RSPB reserve), or kiteboarding in the sandy expanse of Newgale beach please let us know and we'll put you in touch with the right people, or make a booking on your behalf!

For more information please call us on **01348 837709**, e mail info@preseliventure.co.uk or check out our website <http://www.preseliventure.co.uk/>

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