

# How to get to Preseli Venture and What to Bring

## Adventure Weekend Events

PRESELI  
VENTURE

### By Train

On Friday evening we pick up from **Haverfordwest** train station at 6.40pm. **On Sunday we leave the lodge at about 2.15pm to drop off for the train station, the train times do vary on the Sunday – but are usually at about 3.30pm out of Haverfordwest. On a bank holiday weekend we offer a transfer on the Monday morning, please contact us for exact times, as train times do vary.**

**Please let us know by the Monday before your event if you will require the pick up and/or drop off.**

If travelling from London take the train from Paddington. For advance train ticket purchases call **0870 9000 773**, or buy online at [www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk).



If you want to speak with a real person (!) about tickets we have found a small Welsh booking agency who are very helpful and will be able to book your ticket for you and you can pick it up at the self service machine at Paddington – call Louise at The Ticket Hut on **01554 830188** or email her

[thetickethut@pembrestation.co.uk](mailto:thetickethut@pembrestation.co.uk)

If you intend to take a later train and would like us to book a taxi for your onward travel to the Preseli Venture lodge then please let us know in advance.

### By Car:

- ⊗ Take the M4 west as far as it goes past Swansea, and then join the A48 to Carmarthen.
- ⊗ At Carmarthen take the A40 west towards St Clears, and continue on the A40 to Haverfordwest.
- ⊗ From Haverfordwest take the A40 towards Fishguard for 9 miles, until you reach Letterston and then TURN LEFT onto the B4331, sign posted for Mathry.
- ⊗ Continue for 5 miles, until the B road meets at a junction with the A487; the Fishguard to St Davids road.
- ⊗ Cross over the A487, and then turn IMMEDIATELY right down a **single-track** lane – **CAUTION** drive slowly down this narrow and twisty road!
- ⊗ We are the first place you come to on the left (a big pink house!), about 2/3 of a mile down the lane (ignore any other earlier farm tracks!) Please continue to the second entrance driveway, which leads you straight to the car parking area.

**NB Please follow these written instructions for the last part of your journey, sat navs are notoriously unreliable for guiding guests to the lodge!**



If you are delayed in your travel to Preseli Venture please let us know by telephoning us on **01348 837709** (office phone) or **01348 837446** (lodge phone).

### What to Bring:

**All specialist kit is provided for the activities – but you will need to bring the following:**

- ⊗ For **Kayaking** you need a swimming costume to be worn underneath the wetsuit that is provided. You need a long sleeved (short-sleeved on hot days) t-shirt or sweater (wool or thermal materials are best – not cotton).
- ⊗ For **Coasteering** you will need to wear trainers that can get wet
- ⊗ Bring a water bottle if you have one.
- ⊗ Sunblock and/or suncream – Pembrokeshire is pretty sunny!
- ⊗ You need to bring warm clothing and plenty of layers.
- ⊗ Bring a couple of towels.
- ⊗ **Please do not bring your own alcohol as we have a well stocked licensed bar with bar staff!**

Please let us know if you have any questions or if we can give you any more information by calling us on **01348 837709** or e mail [info@preseliventure.com](mailto:info@preseliventure.com)



**Preseli Venture, Parcynole Fach, Mathry, Haverfordwest, Pembrokeshire, SA62 5HN**

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